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#### Week 7 ● Term 2 ● 14<sup>th</sup> June 2017

Dear Parents/Caregivers

#### LIFE EDUCATION

• The Life Education Caravan arrives at Papakowhai School tomorrow.

Class	Major Theme	Content		
Rata and Rimu	Healthy Food	<ul> <li>Discuss 'Every day' v 'Sometimes' foods – we will look closely at 'Roll ups', 'Fruit Snakes' and 'Dried fruit' in terms of how much sugar they contain</li> </ul>		
		Look at different food groups and what those different food groups do for our bodies		
		Construct a 'healthy lunchbox', breakfast and dinner option from a range of food choices		
		Sort a range of foods using the food groups		
		Make the connection that food gives us energy and look at digestion of food		
	Identity and resilience	Conflict Resolution		
		Leadership & Teamwork		
		Friendships		
		Decision Making		
		Emotional Safety		
		Peer Pressure		
		Feelings and Emotions		
Totara		Emotional Changes and Growth		
and Kauri		Conflict Resolution		
		Personal Identity, Reputation and Self-worth		
		Stress Management		
		Resilience		
		Self-Management & Goal Setting		
		Self-efficacy and Assertiveness		
		<ul> <li>Decision Making and substance use (mainly the impact of substance on brain development during puberty) - Year 7 and 8 only.</li> </ul>		
To find out more about the programme your child will be doing visit <u>http://www.lifeeducation.org.nz</u> or email me				
and I will put you in contact with the Life Ed. Educator, Kapa Te Aho.				
Kind regards				
Mark Smith PRINCIPAL				
	akowhai.school.nz			

### HOME AND SCHOOL COMMITTEE

**TOY BOX DISCOS, 16TH JUNE** Please use a separate form for each student. Pizza orders had to be in by 3pm today; tickets will be for sale on the door at each disco. **Rata/Rimu Disco 5-6.30pm** Rata and Rimu students only. New-entrants and Year 1 students must have an adult minder with them. **Totara/Kauri Disco 7-9pm** – for year 4-8 students from Papakowhai School only. Year 4 Rimu students may choose which



disco they go to. Students must be dropped off and picked up from the School hall. Parents and guardians are welcome to stay. **Song Requests** -Fill in a request slip at the office and place in the 'DISCO' box. We'll do our best to play your request.

**Parents and Guardians We Need YOU!** - We need your help to run these discos. Please email Jill at <u>homeandschool@papakowhai.school.nz</u> with your contact details and which disco you can assist with.

#### **DISCO AND AFTER SCHOOL CARE**

If your child is in Year 2 or above and you would like them to be released from ASC to attend the disco, please let Susan know by tomorrow, Thursday 15 June. All New Entrant and Year 1 students must have adult supervision at the disco so cannot be released from ASC until a parent/adult minder has arrived.

#### **NOTIFICATION OF ABSENCES**

If you send an email to your child's teacher to notify them of an absence, please copy in the office, <u>office@papakowhai.school.nz</u>, as there may be a reliever teacher in the class on that day. This saves the office staff disturbing you with a phone call to check on your child's whereabouts.

If your child attends Before School Care and you have let them know that your child will be absent because of illness **you also need to notify the school office** please (either by email, calling the absentee line or through the school website).

# STREP THROAT

We have had confirmed cases of strep throat in Kauri and Rata blocks now. This is a common condition, easily caught, and can have some serious consequences if not diagnosed and treated promptly. Common symptoms include swollen tonsils, sore/swollen glands in the neck, difficulty swallowing, loss of appetite and fever. If you are concerned about your child please get them checked/swabbed by your doctor.

# **CEMNZ GREAT KIWI COMPETITIONS**

The CEMNZ papers that students in Years 5-8 entered in April will be held over the next three Mondays after morning tea in the staffroom.; Maths on Monday 19 June, English on Monday 26 June and Science on Monday 3 July. If your child is absent for their paper they will be able to sit it on the following Monday or, if that is not possible, an alternative time will be arranged.

# **ICAS YR 3&4 MATHS PAPER**

This year we have moved to the NZ based external papers for students in year 5 and above but we are offering the opportunity for our Year 3 and 4 students to enter the ICAS Maths paper, to be sat on Tuesday 15 August. There is a charge of \$9.50 for this paper and the **closing date for entries is Wednesday 21 June**. Please complete the entry form on the back of the newsletter and return to office with payment by this date.

# LOST – BLACK AND WHITE NIKE RUNNING SHOES

A pair of size 8 Nike shoes have been lost, last seen outside Kauri block. Please return to office if found.

#### **ARTSPLASH WEARABLE ARTS**

Thank you for all the materials you have donated so far. **We still need** plastic milk bottle tops, CDs, hula hoops, white plastic spoons, an old umbrella, newspaper and thick cardboard. We also need empty Nespresso (or similar) coffee pods – as these are a fiddle to wash out we have a parent that has volunteered to do this so we can accept these items unwashed!

### **BAKE SALE!**

Some students from Mr Graham's class (Brooke, Isabel, Summer and Phoebe) are holding a bake sale on Thursday next week, 22 June, for Totara and Kauri students. Nothing over \$2.50. More details will be available next week.

#### PAPAKOWHAI SCHOOL NETBALL

The year 5 and 6 **Papakowhai Dazzlers** netball team performed very well in their grading games and as a result have been asked to join the year 7&8 senior grade netball league. A big congratulations to this team who have yet to lose a game this season. For all draws and results please visit the Ngatitoa netball website <a href="http://www.sporty.co.nz/ngatitoanetball/Draw-and-Results">http://www.sporty.co.nz/ngatitoanetball/Draw-and-Results</a>

#### **EXPRESSION OF INTEREST FOR FUTUREFERNS NETBALL (YRS 1-4)**

A group of parents are considering setting up the futureFerns netball programme for Yrs 1-4 for our school (and maybe local community depending on numbers). The programme would be run on either a Saturday or Sunday within the Porirua area. Depending on interest and how quickly we can get this organised we would hope to have this setup for term 3. Approximate cost per term would be \$40 however we will confirm this amount.

futureFERNS is Netball New Zealand's official junior netball programme. To ignite a lifelong involvement in netball, a sequential programme has been developed that is at the right level for the players at each stage. The emphasis is on fun activities conducted in a safe environment. Small sided games are the preferred training method. Further information can be found at <a href="http://www.mynetball.co.nz/futureferns/home.html">http://www.mynetball.co.nz/futureferns/home.html</a>

If your child (boy or girl) would like to learn basic netball skills, teamwork and enhance their coordination in a fun environment please email <u>nikilister@xtra.co.nz</u> to register your interest, advising your child's name, current school year, and availability on a Saturday or Sunday by **Friday 23<sup>rd</sup>June**. If you are also interested in assisting with the management of these teams or coaching please let me know as well. Note, for coaching, no previous experience with netball is necessary, the futureFERNS programme run a coaching course for both Yr 1-2 and Yr 3-4 groups.

# LOCAL COLLEGE OPEN EVENINGS for students in Year 9 in 2018

**TAWA COLLEGE** <u>Thursday 15 June</u>. Self-guided tours from 4pm until 6pm. Principal's 30 minute presentation in hall at 5pm, 6pm and 7pm. There is no parking available on school grounds. For more information visit <u>www.tawacollege.school.nz</u>

**KAPITI COLLEGE** <u>Tuesday 20 June</u>, 12.30 - 2.30 pm (students only). A bus from the college will collect students at 11.15am and return them to school at approx. 3.40pm. To book your Yr 8 child a place, please email <u>office@papakowhai.school.nz</u> by Fri 16. <u>Wednesday 21 June</u>, from 7 pm for parents and students.

#### MID WINTER DIP, PLIMMERTON KINDERGARTEN

Sunday 18 June, 11am to 1pm. Come along to the annual Mid Winter Dip at Karehana Bay, Plimmerton. Delicious hot food, soup, hot drinks and baking available. Prizes for best costumes; jump in or simply watch the madness!

#### **BRENDAN FOOT KIDS CROSS COUNTRY SERIES**

The next event in the Brendan Foot Supersite Kids Cross Country Series is at Mt Victoria on Sunday 25 June. It's a mini mountain run for kids aged 4 to 13 years. There are then 2 more events Sunday 9 July in Tawa, Sunday 13 August in Petone. Come along, join the fun. Only \$8 to enter. Book at least one week prior to each event and you'll receive a printed race bib with your child's name on it. For more info or to enter go to athleticshub.co.nz or contact jo@athleticswellington.org.nz

**SCHOOL HOLIDAY PROGRAMME** Craft classes, The Learning Centre, Adventure School. Monday 10 – Friday 14 July, for children aged 6 – 11 years. Morning sessions, 8am – 1 pm, \$35 per session. Afternoon classes 12 noon – 5pm, \$35 per session or full day (8am – 5pm) \$60 per day. Limited spaces so please contact Pippa or Michelle on <u>pippiandfox@gmail.com</u> or on <u>www.facebook.com/pippiandfox/</u>

#### **IMPORTANT DATES FOR THIS TERM**

June			
Wednesday 14	BOT meeting, 7.30pm, staffroom		
Friday 16	Papakowhai School Toy Box discos		
Monday 19	CEMNZ Maths paper, staffroom, 11.30am		
Wednesday 21	Parumoana interschool cross country		
(Friday 23 & Wednesday 28	Postponement dates for Parumoana interschool cross country)		
Monday 26	CEMNZ English paper, staffroom, 11.30 am		
July			
Monday 3	CEMNZ Science paper, staffroom, 11.30am		
Friday 7	Last day of Term 2		

# ICAS ENTRY FORM FOR YR 3&4 MATHS PAPER

#### Form and payment to be received by Wednesday 21 June at latest.

I give permission for my child/ren to participate in the 2017 ICAS Maths paper:

NAME	YEAR	CLASS/TEACHERS NAME				
I enclose \$ (\$9.50 per entry)						
OR Signed:						
I have paid by EFTPOS on						
OR						
I have paid by internet banking (12-3140-0133108-01) on Please state child's name and 'ICAS'.						