

## Papakowhai School Learning Together





### PAPAKOWHAI SCHOOL NEWSLETTER Week 7 ● Term 3 ● 5 September 2018

#### Dear Parents/Caregivers

As an add on to the Keeping Ourselves Safe programme that is being taught at the moment, Constable Susan Bush will deliver lessons to our Kauri syndicate based around online safety, gaming and using devices appropriately. This will be followed up with a parent session on Tuesday 11th September, 6 - 7pm, in the staffroom.

Recently there have been stories in the media around gaming and how it is affecting children, and in extreme circumstances, becoming an addiction. This is a serious issue which needs to be given more careful thought. Below is some information about gaming that you might find useful. It has been sourced from Netsafe. Netsafe is an excellent resource that has useful information about how to keep children safe when they are online or using devices. Netsafe website - https://www.netsafe.org.nz/.

Earlier this year the World Health Organisation officially recognised the term "Gaming Disorder" and the addictive behaviours associated with it. Gaming is everywhere. Increasingly games are no longer confined to consoles and computers, with more than 2.2 billion people playing games on mobile devices worldwide.

Many mobile games are played online and can have a multiplayer option where gamers can interact with their friends, as well as strangers all over the world. Many also have private messaging features. The average age of children using mobile devices is 10 years old, so it's important to know how to help your child keep safe when they're gaming online. Particularly if it's a game that allows contact with other players.

The actions that you take to keep your child safe will depend on their age and stage – younger children will need more supervision, while older teens will need less. We've

put together some tips for you to help your children enjoy games safely.

#### **UNDERSTAND WHY THEY ENJOY GAMING**

It's easy to dismiss gaming as well, just playing games, but there are more benefits than you might think. Some online games help to develop and hone skills like communication, teamwork, collaboration, strategy and hand-eye coordination. When you talk to your child about gaming, try to understand what it is that they specifically like about playing online games. This will help your understanding, and help them to feel like you care about something that is important to them.

Things they might like about playing online games includes:

- The challenge of coming up with a strategy to win
- Playing with others in a team environment
- Talking and communicating with other players
- A sense of accomplishment after winning
- The creativity and imagination of playing in an online world
- The autonomy and independence to accomplish goals
- Being good at something and seeing themselves improve over time

You can also have a go at playing the game yourself to better understand it — and spend some quality time with your child doing something that they enjoy. Although online games can be enjoyable and teach young people valuable skills, it's important that their gaming is not interfering with other aspects of their lives such as school work, sleep or physical health.

PARENTAL CONTROLS - Both mobile and traditional gaming platforms offer parental control features or apps which requires you to okay any game your child tries to download. Depending on the age of your child and any other factors that may come into play (e.g religious or cultural beliefs) it is well worth looking into implementing this. If the game needs to be linked to an email address, you could consider linking your own email address.

CHECK RATINGS & REVIEWS - Before your child downloads any game, check the age rating and read reviews from other parents. Websites like Common Sense Media: <a href="https://www.commonsensemedia.org/game-reviews">https://www.commonsensemedia.org/game-reviews</a> offer game reviews by parents, for parents. You could also consider playing the game yourself first and get a feel for the online player community and familiarise yourself with any reporting or blocking procedures.

SET BOUNDARIES - Talk to your child about the game before they get started and set some boundaries about how many hours you think it is appropriate for them to play the game each week. It's also a good idea to discuss appropriate online behaviour and the expectations you have of their own online conduct. Remind them that they should never share any personal or private details with someone they meet online – this includes not using personal information in their username.

MAKE A PLAN FOR IF SOMETHING GOES WRONG - It's important to go through any terms of service or community guidelines with your child and talk with them about the types of behaviour they may experience from other players while playing the game. Make sure they know how to use any blocking and reporting features and let them know that they can always talk to you if they encounter something that makes them feel uncomfortable or upset.

CHECKING IN - Check in with your kids when they're playing and show interest in their progress. Ask how they are going and if they have any concerns about other players. Note any changes in behaviour or sleeping patterns, or if they start talking a lot about a new friend they met in the game.

Kind regards

Caine Webster

Acting Principal

caine@papakowhai.school.nz

#### **SOCIAL MEDIA SAFETY – PARENT EVENING**

Constable Sue Bush will be hosting a parents information evening to talk about Social Media safety: Tuesday 11 September at 6pm in the staffroom. Kauri classes will be receiving a lesson from Constable Sue on this subject next week as an extra part of Keeping Ourselves Safe.

#### **ONESIE DAY!**

Onesie Day is back on Friday 7 September! Students can wear a Onesie to school and pay a gold coin donation to Wellington Free Ambulance; the only emergency ambulance service in the Greater Wellington and Wairarapa regions and the only one in the country which is free!

The whanau leaders are organising Onesie Day and will be promoting this event around the school. We are hoping to raise lots of funds to help towards new ambulances, lifesaving equipment, advanced clinical training and research, and much more!

#### PARUMOANA SWIMMING SPORTS - YEARS 7&8 UPDATE

There was a mistake made in calculating the points at the swim sports last week and our students actually placed 2<sup>nd</sup> in the competition. Well done to everyone that took part!!

#### STUDENT ACHIEVEMENT

Last Saturday the Western Suburbs Soccer Club hosted the Wellington Region end of season tournament.

The 7<sup>th</sup> Grade Wests Eagles, played 7 games in the tournament to be crowned the cup winners. The team consisted of 6 players, with 4 Papakowhai boys from Rimu in the team: **Zach Blundell**, **Miller Buck**, **Zachary Dilks** and **Jacob Mackay**. This is an amazing achievement for these boys and what shone throughout the day was their team spirit and enthusiasm. Well done!!

#### **FOUND – GARMIN FITNESS WATCH**

A Garmin 'watch' has been handed in at the office. If you think it may be yours, please come to the school office and describe it to one of the staff.

#### **MATHSWELL**

During the past couple of weeks some of our top mathematicians have competed in Mathswell competitions. Mathswell is an annual event run by the Wellington Mathematics Association for schools across the region. This year two teams from Papakowhai School competed - one in the Year 5 and 6 and one in the Year 7 and 8 competition. Both teams did well and received certificates this week in assembly. Congratulations to the following students:

Years 7 and 8

Kirill Voynovsky, David Ayora, Grace Williams, James van der Voort, Oliver Sue and Troy Neil.

Years 5 and 6

Carter McKee, Luke McKee, Hadley Fale, Jack Jenkins William Sheffield-Cranstoun and Ben Cory-Wright.

A number of other students trained alongside the team and deserve praise for their hard work and commitment. They were **Jade Lin, Sean Byres** and **Aiden Mackay**. Well done!

A huge thanks to Maree Sanders who trained both teams and to the parents who provided transport.



#### YEAR 8 LEAVERS DINNER – book the date!

This year our Year 8 Leavers dinner will be held on Monday 3 December at Mana Cruising Club, Ngatitoa Domain.

Further details will follow next term.

#### PAPAKOWHAI SCHOOL PRODUCTION:

#### Zander Lewis and The Blu-Ray of Doom

Children will be transported by coach to and from Hosanna Church for rehearsals during week 10 of term. The main actors and understudies will go to the church every day (Monday - Thursday). All classes that are taking part in the production will travel to the church and back on Tuesday. On Wednesday all classes performing that night will go to the church. Rata block will be going down by coach at 12 noon to watch the dress rehearsal. On Thursday the classes performing on that evening will spend the day at the church.

Notices will come home soon with information about the times the children need to be at the venue on performance nights. There will also be return slips to let us know if you will be collecting your child/ren from the church on Wednesday or Thursday afternoons, after the dress rehearsals.

Tickets are selling well so please remember that orders need to be completed by 3 pm on Monday 17 September. Additional tickets, if requested, will then be allocated and any remaining tickets will be available to purchase from the school office from Thursday 20 September. Please note that there will be no door sales on either night. Tickets will be sent home with children on Monday 24 September.

#### **CEMNZ CERTIFICATES**

We have received the certificates for the students who sat these papers last term. Students have been given their certificates at participated and achieved level. Those students who received merit, excellence or distinction grades will be presented with their certificates at the school hui next Monday. These students are Jack Jenkins, Liam Phelps, Fletcher Lee, Renee Fountain, Lexie Clibborn, Lucy Byres, Raymond Wong, Advait Salla, Emily Bunton, Mena Bornemann-Santamaria, Jade Lin, Aiden Harrison, Miguel Fiel, Sean Byres, Emma Jenkins, Grace Williams, Kirill Voynovsky and James van der Voort.

#### **SUMMER HOCKEY – YEARS 3-4 EXPRESSION OF INTEREST**

We are looking to enter a Year 3 & 4 school hockey team for the summer season. We will enter a team if we have enough interest from students in these Years. Each player must have their own hockey stick, shin pads and mouth guard - they will not be allowed to play without them. A skills evening will also be run once a week. The games are from 5.30pm on a Monday night.

If your Year 3 or 4 child is interested in giving hockey a go, please email the Home and School Committee
- homeandschool@papakowhai.school.nz

#### PAPAKOWHAI KINDY FUNDRAISER

The Papakowhai Kindergarten Committee is selling weta motels as a fundraiser at a cost of \$20 each. Any orders need to be in at the kindy by 2.30 pm on Friday 7th September. Order forms are available at the school office. Please get in contact with Kate Brooking (Kindergarten Committee member) on 021 172 064 if you have any questions.

#### WHITBY SCOUT GROUP

Scouting offers fun and friendship, challenges and everyday adventure to over 15,000 girls and boys across New Zealand. They have a positive impact on young people, the 5,000 adult volunteers and the communities in which they live. Scouts develop wide-ranging technical, practical, life and social skills with over 200 different activities from abseiling and caving to drama, tramping, camping and kayaking. Scouting helps 6-26 year olds grow in confidence, achieve their full potential and become active members of their communities.

At present there are spaces at Whitby Scout Group.

Keas – ages 5-8

Cubs - ages 8-11

Scouts – ages 11-14

The first 4 sessions are free as a taster, so please register your interest today!

For more information please call 0800scout or email LNI@scouts.org.nz

#### **THE PINK STAR WALK 2018**

The Pink Star Walk 2018 is back on, here in the heart of Wellington! Join the Breast Cancer Foundation NZ down at Frank Kitts Park on the 3rd of November for a 5 km or 10 km walk.

Walk to raise funds for breast cancer awareness, research and education. Register online at <a href="www.pinkstarwalk.co.nztickets">www.pinkstarwalk.co.nztickets</a> Early bird tickets from \$35 close on Friday, 7th September, (will be from \$40 after this date).

#### PAREPLIM SOFTBALL REGISTRATION

Registrations are open for children and adults to join the Paremata Plimmerton Softball Club to play TeeBall, Junior Softball or Senior Softball in the 2018/2019 season . Please register online via their website: <a href="https://www.pareplimsoftball.nz">www.pareplimsoftball.nz</a>

If you would like further information, or have any other queries, please don't hesitate contact them at <a href="mailto:theclub@pareplimsoftball.nz">theclub@pareplimsoftball.nz</a>

#### TAWA JUNIOR HOCKEY

Summer hockey registrations are now open. Teams this year will be organised as evenly as possible, with a mix of abilities and boys/girls in each team. This is to ensure that the competition is reasonably even.

Games will take place on a Monday for Years 1-4 and Wednesday for Years 5-8 at Elsdon turf. Cost per player is \$30 per block for individuals or \$230 for teams. (Block 1 Mid Oct- Early Dec 2018 and Block 2 Feb-March 2019). Registrations will close 21st September. Register at https://www.tawajuniorhockey.org.nz/summer-hockey

#### **SCHOOL HOLIDAY PROGRAMMES**

## October Holiday Programme @ Adventure School, 1 – 12 October 2018



**BOOK ONLINE NOW: www.asfc.co.nz** 

The Holiday Programme is open over the school holidays from **8.00** am – **5.00** / **5.30pm**. This quality programme offers exciting field trips by chartered bus e.g. Laserforce, Wellington Zoo, Roller Skating, Lighthouse Cinema, Hutt Repertory Theatre, Ice Skating, fun games, art & craft and sports activities for primary aged children. The experienced team members are looking forward to meeting your child. All staff are trained and police vetted. For enquiries or more information please visit the website and choose your relevant Holiday Programme. The Programme flyer is attached there. Approved by MSD and you may be eligible to receive a WINZ subsidy. Everyone is welcome ©

# KELLY SPORTS OCT HOLIDAY PROGRAMME - PAREMATA/PLIMMERTON RUBGY/SOFTBALL CLUBROOMS NGATITOA DOMAIN (Yrs 5-13)

Our hugely popular Kelly Sports Holiday Programme is back for the October Holidays at a new premises Rugby Softball Clubrooms at Ngatitoa Doman.

Come and join the Kelly Sports coaches for the best in sports coaching, and arts and crafts fun!

We have created an Action Packed Programme including: *Outdoor Survival Day, Amazing Race, Unique Sports Day, Team Challenges* plus lots of other fun games and activities including 2 trip days.

To enrol got to <u>www.kellysports.co.nz/events/3073-</u>
<u>Ngatitoa-Domain-Hall</u> Please note – "Kelly Sports Porirua is under new ownership!"

For full details visit <a href="www.kellysports.co.nz">www.kellysports.co.nz</a>, call 04 972 7201 or email <a href="mailto:adminwgtn@kellysports.co.nz">adminwgtn@kellysports.co.nz</a>

#### **SOME IMPORTANT DATES**

#### **SEPTEMBER**

Tuesday 11	Parent information evening, Social
	Media safety, 6 pm, staffroom
	Parumoana netball/rugby
	tournament, Ngati Toa domain
Wednesday 12	Powhiri for new families, 9.30 am
Thursday 13	Parumoana tournament
	postponement day
Monday 17	Netball prize giving, 6.30 pm
Wednesday 19	BOT meeting, 6.30pm, staffroom
Wednesday 26	Production performance – Rimu 2,
	Rimu 4, Rimu 6, Totara 2, Totara 4,
	Kauri 2 and Kauri 4
Thursday 27	Production performance – Rimu 1,
	Rimu 3, Rimu 5, Totara 1, Totara 3,
	Kauri 1 and Kauri 3
Friday 28	Last day of Term 3

#### **OCTOBER**

Monday 15	First day of Term 4
Tuesday 16	Rata and team photograph day