

Maniototo Area School

NEWSLETTER

14th March 2019



WE NEED YOUR HELP!

As host of the Southern Area Schools tournament this year we need to find billet accommodation for 150 students.

The tournament runs from 15th—17th May and accommodation is needed on both Wednesday and Thursday nights. Please contact Mrs Kirk at the office if you can help.

COMMUNITY CONSULTATION MEETING

A Community Consultation Meeting will be held on Wednesday 3rd April at the Ranfurly Hotel (in the Dining Room) at 7pm. All members of the public are welcome to attend.

SICKNESS

It is important that children with vomiting or diarrhoea should stay at home for **48 hours after the symptoms have gone** to avoid the spread of bugs.

MEASLES

Parents, please make sure your children's immunisations are up-to-date.

Information regarding Measles Outbreak March 2019

Two cases of measles have now been confirmed in Dunedin since 22 Feb both of which are linked to the current outbreak in Christchurch. One case was in contact with a local early childhood service whilst infectious.

Public Health South is working with staff and parents at the affected service to ensure that any unimmunised or vulnerable contacts are safe. This is a timely reminder to ensure that your records and children's vaccinations are up to date.

Measles is a highly infectious disease and is more serious than many people realise. Symptoms include fever, cough, red eyes and a runny nose, and then a rash which develops after about 4 days. About one in ten people with measles need to be hospitalised and 30% will develop complications.

The best measles prevention is two doses of the measles, mumps and rubella (MMR) vaccine which is free for all New Zealand children.

Unimmunised children who have been in contact with a measles case during the infectious stages should be excluded from the school or ECE service. The child may need isolation for up to 14 days after last contact with the infectious person. This includes exposed children who have only had one MMR vaccination.

Maniototo Area School	Phone	03 444 9341
15 Caulfeild Street	Fax	03 444 9562
Ranfurly 9332	E-mail	office@maniototo.school.nz
Central Otago	Website	www.maniototo.school.nz

ROXBURGH ATHLETICS

Mr Nakamura took a few of our secondary students to Roxburgh Area School on 20th February to compete in the senior athletics. The students did very well and had a great day. Some of these students qualified for and have entered the Otago Secondary Schools Athletics being held in Dunedin on 15th & 16th March. We wish them all the best for this event!



Andrew Fetalver—1st (200m, 400m, Long Jump, Triple Jump) 5th (Shotput, Discus)

Dylan Connell—1st (100m), 2nd (200m), 3rd (Discus), 4th (400m, Shotput)

EJ Brillo— 2nd (100m), 3rd (400m, Shotput), 4th (Long Jump, Discus)

Zoe Harman—2nd (Shotput), 5th (Long Jump), 6th (Discus), 7th (High Jump), 8th 100m

Courtney Parata—5th (Long Jump, Shotput), 6th (Discus), 7th (100m)

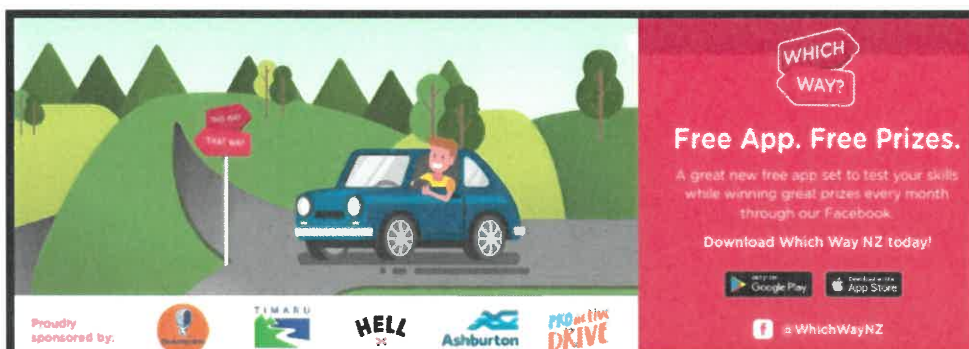
Amanda Voice— 2nd (200m, Triple Jump, Shotput, Javelin, High Jump), 4th (Long Jump), 5th (100m) 7th (Discus)



REDUCE YOUR SPEED

If a school bus has stopped you must slow down and drive at 20km/h or less until you are well past (no matter which direction you are coming from)

Which Way NZ has been recently developed by Mid and South Canterbury Road Safety and after thorough testing is now available nationwide! It's been designed specifically for school aged children to help improve their decision making skills. Simple to play and download from any App Store, **Which Way NZ** offers heaps of opportunities for students to win some amazing free prizes, all made possible from generous sponsors!



SWIMMING SPORTS RESULTS

5 Year Olds

1st Leo Finlayson, 2nd Sam Hore
1st Thalia Hepi, 2nd Evelyn Hagen, 3rd Aubree Mulholland

6 Year Olds

1st James Meehan, 2nd= Brodie McAtamney & Tyrell Hore
1st Tayla Smith, 2nd Bonnie Spooner, 3rd Charlie Pink

7 Year Olds

1st Noah Spooner, 2nd Adam McSkimming, 3rd Tiaan Pieterse
1st Maddy Lowe, 2nd AriaH Spooner, 3rd Peyton Baddock

8 Year Olds

1st Callum McSkimming, 2nd Zaviah Spooner, 3rd Jonty Russell
1st= Indianna Hepi & Sophie Meehan, 3rd= Macy Finlayson & Maisie Hore

9 Year Olds

1st Kane Huddleston, 2nd Thomas Helm, 3rd Nate Spooner
1st Grace Paterson, 2nd Amelia Smith, 3rd Patricia Noi

10 Year Olds

1st Ethan McSkimming, 2nd Lachie Mackenzie, 3rd Charlie Hore
1st Alexie Mackenzie, 2nd Lucia Russell, 3rd Vanessa Paterson



11 Year Olds

1st Archie McDiarmid, 2nd Nicolaas Pieterse, 3rd Casey McKenzie
1st Brooke Huddleston, 2nd Abby Ferdinands

12 Year Olds

1st Robert Hall, 2nd William Hutton-Atkins, 3rd= Jack Steele & Case MacDonald
1st Anya Pieterse, 2nd Peta Smith, 3rd= Zoe Simpson & Perri Hore

13/14 Year Olds

1st EJ Brillo, 2nd Troy Elliott, 3rd Rhylie Spooner
1st Tayla Munro, 2nd Zoe Harman, 3rd Charlotte Gregan

15 Years +

1st Doug Smith, 2nd William Becker, 3rd Damian Carson
1st Amanda Voice, 2nd= Danielle Mapley & Aroha Cromb

House Points Winner (for both Senior & Junior) was Hamiltons!



PRIMARY SCHOOL ASSEMBLY

Primary school assembly Thursday 21st March, 2.15pm in the Gym - everyone welcome!!

EAST OTAGO SPORTS EXCHANGE

The annual East Otago Sports Exchange was held on Friday 8th March at MAS.

After some rain overnight it turned out to be a great day and students from Years 7-13 took part in a variety of sports (softball, basketball, touch and netball) with East Otago taking home the Jack Martin Memorial Shield.

A big thank you to the Dowling family for providing a BBQ lunch for all the competitors and helpers.



IMPORTANT DATES

15-16 March	Otago Secondary Schools Athletics (Dunedin)
18-22 March	ERO visit
18 March	Dental Bus arrives in the Maniototo
	Year 9 & 10 Field Trip (Orokonui Ecosanctuary) TRIP POSTPONED
21 March	Primary Assembly 2.15pm in the Gym. All Welcome!
22 March	Community of Learning Jumbo Day. SCHOOL IS CLOSED
23 March	Community Arts Centre Open Day (Kapa Haka group to perform)
25 March	Otago Anniversary Day. SCHOOL IS CLOSED
27 March	Dunstan Zone Triathlon (Primary)
27 March	Board of Trustees Meeting 6pm
30 March	Formal : Theme 'A Night in the Clouds'
1-5 April	Footsteps Dance Group (Years 1-10)
3 April	Community Consultation Meeting 7pm
4 April	COPSSA Triathlon
7 April	Uruwhenua Kapa Haka Festival (Alexandra)
7-9 April	Year 12 Biology Field Trip (Crab Camp @ Portobello) CHANGE OF DATE
10 April	Year 12 Biology Field Trip
11 April	Rippa Rugby Tournament (Dunstan Zone)
12 April	Last day of Term 1
28 April—1 May	Senior Tramp (Routeburn Track)
29 April	Term 2 begins
6 May	HPV vaccinations (Year 8)
7-9 May	Life Education Trust visit
10 May	Board of Trustees Election (nominations called)
15-17 May	Southern Area Schools Tournament
22 May	Board of Trustees Meeting 6pm
31 May	National Young Leaders Day
3 June	Queens Birthday Observance. SCHOOL IS CLOSED

Health Curriculum Maniototo Area School

In Health and Physical Education, the focus is on the well-being of the students themselves, of other people, and of society.

Four underlying and interdependent concepts form the basis of this learning area:

- **Hauora**₁ – a Māori philosophy of well-being that includes the dimensions *taha wairua, taha hinengaro, taha tinana, and taha whānau*, each one influencing and supporting the others.
- **Attitudes and values** – a positive, responsible attitude on the part of students to their own well-being; respect, care, and concern for other people and the environment; and a sense of social justice.
- The **socio-ecological perspective** – a way of viewing and understanding the interrelationships that exist between the individual, others, and society.
- **Health promotion** – a process that helps to develop and maintain supportive physical and emotional environments and that involves students in personal and collective action.

The seven key areas of learning in the Health and PE curriculum are:

- *food and nutrition*
- *Mental health*
- *Body care and physical safety*
- *Physical activity*
- *Sports studies*
- *Outdoor education*
- *Sexuality education*

Our School and Community Goals

- To understand and practice healthy living
- To develop physical skills that will enable them to participate in a wide range of physical activities - with an emphasis on water skills and safety.
- To promote students' wellbeing in the four key areas of hauora - social, physical, mental & emotional

We participate in consultation with our community about the content of our Health programme.

Year 1-8

In the Primary School at Maniototo Area School, Health topics may not necessarily fit the integrated focus for the term/year. The health topics can be taught as 'stand alone' topics. We are aiming for coverage, not necessarily integration with other curriculum areas. The order of

the topics as outlined in the table below may be adjusted to best suit the needs of students and teachers.

	Term One	Term Two	Term Three	Term Four
Every Year	Start of year - development of positive class culture Reinforcement of our PRIDE values Life Education - topics chosen by class teachers.			
Year A	Road Safety DARE Yr 7 & 8	Body awareness & hygiene Puberty Yr 7 & 8	First Aid	Sun Safety
Year B	Kia Kaha - anti bullying	Firewise	Dealing with tough times - resilience & stress	TBC
Year C	Rural safety DARE Yr 7 & 8	Body awareness & hygiene Puberty Yr 7 & 8	Keeping Ourselves Safe	Nutrition

Many of the Health topics we teach at Maniototo Area School are supported by specialists e.g. the Youth Education Officer, Life Education educator and the Public Health Nurse.

We carefully monitor our students' wellbeing. Positive relationships between teachers and students is key in this. We also administer the NZCER Wellbeing Survey every year to check how our students feel at school.

Note that PE at Maniototo Area School is taught and assessed by specialised PE teacher. Students from Year 1-10 receive two PE periods a week.

Year 9 & 10 Health

Students in Year 9 & 10 receive one period of Health each week. This year Ms Juliet Sorrel is the teacher

	Term One	Term Two	Term Three	Term Four
Year A	Start of year - Positive peer relationships, development of positive class culture Life Education - topics including personal hygiene, peer pressure	Sexuality: Physical development and reproduction, sexual health, Positive relationships. Consent, Social media and and body image in the media.	Drugs and Alcohol, Responsible behaviour and risk taking.	Healthy eating, exercise and routines. Mental health, stress and depression.

Health and pastoral issues are also covered in daily Whanau times and through mentoring. Each year Health experts are organised to come to talk to our students e.g. 'Attitude' presenters.

Senior Health

There are no timetabled Health classes for our Senior classes however health issues are addressed in Mentoring, Whanau time and in our PRIDE lessons. We also organise visitors to our school to talk to our students about specific issues e.g. the Attitude team and John Parsons. The Form-teachers and Senior Dean also play an important role in attending to our students health and wellbeing. Our Public Health nurse is readily available to help out if we need her, as is our School Councillor and Chaplin.

April ANZAC HOLIDAY PROGRAMME 2019

Even though World War One was officially over in November 11, 1918, it took 9-10 months more for our armed service personnel to find their way back home.

100 years later, we commemorate by writing letters, making suitcases and medals, peace doves and commemorative art.



BOOKINGS ESSENTIAL. CONTACT YOUR LIBRARY TO SECURE YOUR CHILD'S SPOT!

Holiday programmes are being held on the following days and times at the Maniototo Library from 2pm-3pm.

Ph: 03 444-9348



Letters and Suitcases	Tuesday	16 th April
Doves	Thursday	18 th April
Silhouette Art and Medals	Tuesday	23 rd April

Ask our librarians for times and dates at our other libraries if you are unable to make this one!

Under 5's to be accompanied by an adult.



DON'T GET FOMO

(FEAR OF MEASLES OUTBREAK)



It's
free

Avoid getting Measles, Mumps and Rubella
– make sure you're immunised.

Immunisation is free from your GP, practice nurse or student health clinic.

Get info you can trust health.govt.nz/fomo

immunise

your best protection