Papakowhai School
Learning Together

Spey Place, Papakowhai, Porirua 5024
Phone: 233 8321 **Fax:** 233 9403 **Email:** office@papakowhai.school.nz
Web: www.papakowhai.school.nz

PAPAKOWHAI SCHOOL NEWSLETTER

Week 6 ● Term 2 ● 5 June 2019

Dear Parents/Caregivers

SOCIAL SKILL – RESILIENCE

One of our current social skills focus is Resilience.

Every parent has a list of hopes and aspirations for their children. Most parents want their children to be happy and successful – both in school and in their careers. We want our children to have good health and well-being as well as having success with friendships now and later on in life.

To achieve any of these goals, our children need to develop resilience and a growth mindset to overcome the many challenges they may encounter along the way – especially at school. Some researchers believe that resilience is the greatest gift you can pass on to your children.

Resilient children are able to cope when things get tough both at school and at home. Resilient children are able to cope with difficult situations and are more motivated.

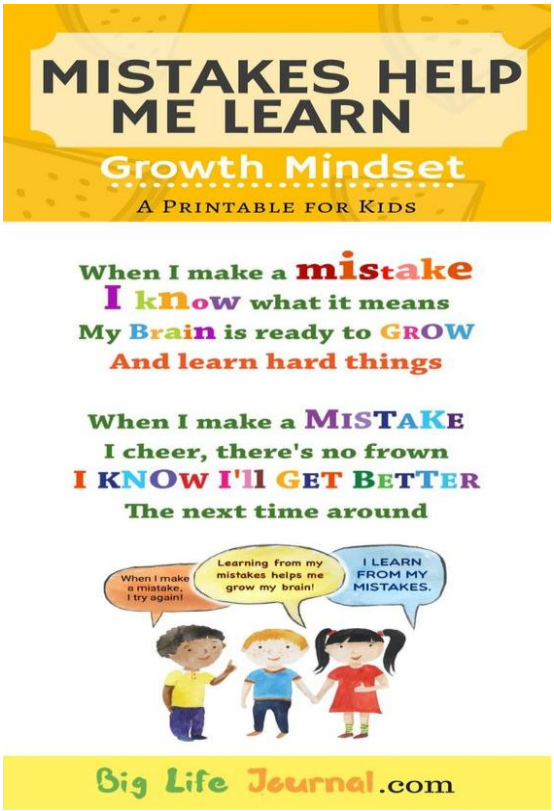
<u>So how can you help your child develop resilience?</u>

- Give your children the independence to try new things, even if it is challenging.
- Don't give your child every single physical thing they desire, even if 'everyone else has it.'
- Teach your child to see struggles as challenges that they can try to overcome.
- Resist the urge to run to your child's rescue as soon as something becomes a little difficult. Let them try to do it independently first.

- Introduce new experiences to your child which help them step outside their comfort zone.
- When you set a limit on things at home, make sure you stick with them and don't resist the urge to give into your child, e.g. time limits on devices, watching TV etc.

<u>Encourage a Growth Mindset in your child:</u>

- This is going to require some time and effort.
- Mistakes help me learn better.
- I can't do this - yet



Nga mihi nui

Lesley Hodge

Assistant Principal

lesley@papakowhai.school.nz

VOTING FOR THE BOARD OF TRUSTEE ELECTIONS

<u>Voting closes at noon on Friday 7th June 2019</u>.

If you are posting your voting paper, you must use the enclosed envelope, affix a stamp and post it to: Returning Officer, Papakowhai School, Spey Place, Papakowhai 5024. **Your postal vote will not be counted unless the envelope is received by the returning officer by noon on Friday 7th June**. Please post it as soon as possible as New Zealand Post has reduced the frequency of its mail delivery service.If you are delivering your voting paper, please ensure that it is **delivered before noon on Friday 7th June** in the enclosed envelope. It should be placed in the B.O.T. votes box in the school office.

If you have any queries, please contact Diana Parker in the school office or by email to dianap@papakowhai.school.nz

READATHON

If you need another Readathon booklet, please contact your child's teacher or the school office. Papakowhai School is holding a Readathon for the month of June to raise money for a new bike track. We are aiming to raise $15,000 towards the bike/scooter track:

Children need to keep a reading log throughout the month of June.

You can choose how you want to sponsor:

- A set amount
- An amount per book read
- An amount per time spent reading

There will be a prize for the top reader in each class and the class that raises the most money.

Please return the completed reading log and money to the office by Friday 5th July.

HOME AND SCHOOL COMMITTEE

Tonight, Wednesday 5 June, the Home and School committee are holding their meeting at 7.15 pm in the staffroom. Please come along and find out what they have planned for the rest of the year. All are welcome.

The 2019 Papakowhai School discos are next week, Friday 14th June, with an "Under the Sea" theme; Rata, Matai and Rimu from 5 – 6.30 pm and Totara and Kauri from 7 – 9 pm. Please go to mykindo (https://shop.tgcl.co.nz/shop) to purchase tickets, food, and merchandise. **The cut off for pizza orders is midnight on Tuesday 11th June.**

SWIM SPORTS FOR YEARS 3-4

The Year 3 and 4 swim sports will be taking place at Cannons Creek pool next week on Wednesday 12 June. Events will start at 10am. All spectators are welcome.

PARUMOANA CROSS COUNTRY

The Parumoana cross country will be held next Tuesday, 11th June (postponement day is Thursday 13th) at Queen Elizabeth Park, Paekakariki.

YEARS 5&6 SWIM SPORTS RESULTS

Year 5 & 6 students held their swim sports today, Wednesday 5 June, and the final results are recorded below.

Freestyle	***1st***	***2nd***	***3rd***
Year 5: Boys	Daniel Turetsky	Allan Wong	Roman Summerville - Murray
Girls	Olivia Dilks	Lauren Crawford	Charlotte Harrison
Year 6: Boys	Travis Carnegie	Luke McKee	Liam Phelps
Girls	Chloe Weir-Smith	Lexie Clibborn	Cathy-Jean Williams-Whakatihi
Breast Stroke	***1st***	***2nd***	***3rd***
Year 5: Boys	Allan Wong	Daniel Turetsky	Christian MacDonald
Girls	Olivia Dilks	Ella Herring	Lauren Crawford
Year 6: Boys	Travis Carnegie	Carter McKee	Luke McKee
Girls	Chloe Weir-Smith	Emily Stewart	Lexie Clibborn
Back Stroke	***1st***	***2nd***	***3rd***
Year 5: Boys	Allan Wong	Daniel Turetsky	Ryan de Villiers
Girls	Lauren Crawford	Charlotte Harrison	Sienna Wilson
Year 6: Boys	Carter McKee Luke McKee		Travis Carnegie
Girls	Cathy-Jean Williams-Whakatihi	Emily Stewart	Chloe Weir-Smith
25 m Butterfly	***1st***	***2nd***	***3rd***
Year 5: Boys	Allan Wong	Daniel Turetsky	Roman Summerville - Murray
Girls	Charlotte Harrison	Ella Herring	Lauren Crawford
Year 6: Boys	Luke McKee	Travis Carnegie	Liam Phelps
Girls	Chloe Weir-Smith	Tara McGuire	Maddy Hunt

LOST PROPERTY

We still have several unnamed items of outerwear at the office including a Polo Assn. jacket, Torpedo 7 jacket, Adidas jersey and a padded navy hooded vest with silver hearts on it. We also still have 4 Papakowhai School hoodies unnamed and unclaimed. If you think any of these items may belong to your child, please contact the office.

NETBALL SAUSAGE SIZZLE FUNDRAISER

Papakowhai School are fundraising to purchase new netball dresses for 2020. We will be holding two Sausage Sizzles over the next few months. Our first one has been sponsored by **Rutherford and Bond Toyota in Porirua** and will be held on Thursday 27th June. An order form will come home next week. We are also looking for sponsors for our second sausage sizzle. Please contact either Anne Bunton, anne@papakowhai.school.nz or Kelly Parker kelly@papakowhai.school.nz if you are able to provide sponsorship for this.

AOTEA COLLEGE OPEN EVENING

Aotea College are holding their open evening on Wednesday 12 June. There will be 2 sessions; 3.30 – 5 pm and 6 – 7.30 pm.

Due to pressure of numbers, a limit of 10 out of zone places are available for Year 9 enrolments for 2020.

Out of zone applications must be received by Monday 29th July 2019 to be included in the ballot.

For further information, phone the enrolment officer, Debbie Allan, on 2373166 ext 822 or email aln@aotea.school.nz

SOME IMPORTANT DATES

JUNE – Our READATHON runs all month

Wednesday 5	Home & School committee meeting 7.15 pm, in the staffroom
Friday 7	Voting closes 12 noon for Board of Trustees election
Tuesday 11	Parumoana cross country (postponement day Thursday 13)
Wednesday 12	Rimu swim sports, Cannons Creek pool, from 10 am
Friday 14	Papakowhai School discos:- Rata, Matai & Rimu, 5-6.30pm; Totara and Kauri 7-9 pm