



# Papakowhai School

Learning Together



Spey Place, Papakowhai, Porirua 5024  
Phone: 233 8321 Fax: 233 9403 Email: office@papakowhai.school.nz  
Web: www.papakowhai.school.nz

## PAPAKOWHAI SCHOOL NEWSLETTER

Week 7 ● Term 2 ● 12 June 2019


Dear Parents/Caregivers

### LIFE EDUCATION

The Life Education Caravan arrives at Papakowhai School next Monday. As well as having an enjoyable learning experience with the Life Education Educator, Marsha Chiet, our children will:

- develop life skills
- be encouraged to make healthy choices
- gain knowledge about health and their bodies
- develop a sense of self-esteem and a positive understanding of themselves

The Life Education programme for Years 1- 4 will also focus on Food and Nutrition.



### HOW CAN I TELL FROM THE PACKAGING WHETHER FOOD IS HEALTHY OR NOT?

Reading food packaging and nutritional labelling is a skill that helps us to choose foods that will keep us healthy and give us energy. Students will learn to assess which foods will provide the best nutrition.

**CONCEPTS**

- Food Packaging      - Balanced Diet      - Influences on Food Choices




### WHY DO WE NEED TO EAT DIFFERENT KINDS OF FOODS TO STAY HEALTHY AND GIVE US ENERGY?

Students explore why we need to eat a variety of foods every day, and how eating a range of nutrients from different food groups gives us the energy we need to live and grow.

**CONCEPTS**

- Balanced Diet      - Physical Development and Growth      - Food Sources

The Years 5- 8 programme will also focus on Pubertal change. To be clear this is not sexuality education.



## HOW DO WE CHANGE AS WE GET OLDER?

Students explore and discuss how we change as we grow, and how this can affect how we act and feel.

### CONCEPTS

- Basic Needs and Body Care	- Physical Development and Growth	- Pubertal Change
- Emotional Safety	- Friendships	- Stress Management
- Emotional Changes and Growth	- Stress Management	- Feelings and Emotions
- Relationships	- Self-efficacy and Assertiveness	- Self-Management & Goal Setting

For additional information please contact Lesley Hodge (Assistant Principal) [lesley@papakowhai.school.nz](mailto:lesley@papakowhai.school.nz) or go to the Life Education Website [www.lifeeducation.org.nz](http://www.lifeeducation.org.nz) .

### **PARENT/TEACHER MEETINGS**

These meetings will be held on Tuesday 2<sup>nd</sup> and Thursday 4<sup>th</sup> July from 3:15 – 8 pm.

This is an opportunity to review and reset goals, discuss your child's learning and well-being and clarify anything raised in the report or shared in SeeSaw.

**Appointments to see the teachers are made via a website; [www.schoolinterviews.co.nz](http://www.schoolinterviews.co.nz) the log-in code is e7y8a.**

If you are not able to make a booking online, please phone or call into the office and one of our staff will make the booking for you.

On Monday 1<sup>st</sup> July your child will receive their mid-year report.

### **PUPIL SUPERVISION ON PARENT/TEACHER MEETING DAYS**

After School Care will be operating as usual between 3 and 6pm. You need to be a registered user of After School Care to use this service. Please contact the Office for more information.

Mark Smith

Principal

[mark@papakowhai.school.nz](mailto:mark@papakowhai.school.nz)

## **BOARD OF TRUSTEE ELECTIONS**

Thank you to all the parents who participated in our recent election. The five highest polling candidates were: Rodney Strong, Aruna Hill, Alice Camaivuna, Frances Williams and Marc Byres.

Thank you to all the candidates who put their names forward. We were lucky to be able to choose from such a strong field of candidates.

The staff representative elected unopposed is Andrew Graham.

The official vote count will be published next week.

## **READATHON**

Keep up with your reading for the rest of the month! If you need another Readathon booklet, please contact your child's teacher or the school office. We are aiming to raise \$15,000 towards our bike/scooter track.

You can choose how you want to sponsor:

- A set amount
- An amount per book read
- An amount per time spent reading

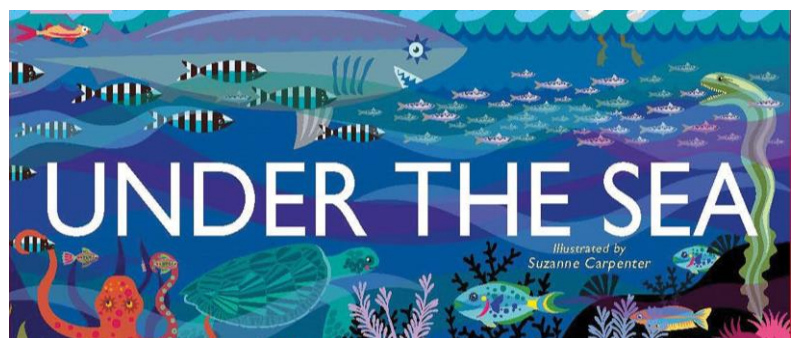
**There will be a prize for the top reader in each class and for the class that raises the most money. Please return the completed reading log and money to the office by Friday 5<sup>th</sup> July.**

## **DISCO THIS WEEK!**

The 2019 Papakowhai School discos are **THIS FRIDAY, 14th June.**

**Thanks to everyone who is embracing the new KINDO online**

**system for the Disco! KINDO makes organising these events much easier as the school roll grows.** If you have already purchased tickets, then you just need to turn up on the night - all ticket details will be held at the door so you do not need to bring your confirmation e-mail with you. You have until 3pm on Friday to purchase tickets online but door sales will be available on the night. If you have



not received a confirmation e-mail then please double check your Kindo account to make sure your order went through (<https://shop.tgcl.co.nz/shop>). Please note, pizza orders have now closed and can be claimed on the night at the kitchen. Any merchandise tickets that are not used on Friday will be able to be used at the end of year BBQ for food and drink. If you have any queries or feedback please email the Home and School committee on [homeandschool@papakowhai.school.nz](mailto:homeandschool@papakowhai.school.nz)

### **HOME AND SCHOOL TREASURER NEEDED!**

After many years our wonderful Treasurer Tracey is unable to continue in the role so the Home and School committee is looking for a new **Treasurer**. If you are interested and would like to know more please contact Rose Crawford (021 701 109) or Bernice Herd (021 135 7836) or email [homeandschool@papakowhai.school.nz](mailto:homeandschool@papakowhai.school.nz)



The role involves about 2 hours a month with up to 8 hours around an event. Great news is that now we are using Kindo (online payment system) the reconciliation of accounts is much less time consuming. H&S meet once a month (currently on a Tuesday, note day can change if it doesn't suit!)

The H&S committee organises all community events (Disco, BBQ, shopping nights) and as the treasurer your responsibilities will include.

- Manage and control the finances of the H&S
- Provide floats and collect ticket monies (event and raffle) as required
- Provide event and annual summaries to H&S members

If this sounds like a role you'd like to do please contact us.

### **STUDENT SUCCESS**

**Nate S.Y Hall** recently achieved a second place in the Kapi-Mana music competition. He played the violin in the junior string section which was from year 1 to year 5. As Nate is in Year 2, his runner up placing is even more impressive! Kapai!

## RIMU, TOTARA AND KAURI PHOTO DAY

Children in Years 3 through to 8 will be having their class and individual portrait photos taken on Tuesday 25 June. Order forms for family/sibling photos were sent home today. Please complete and return forms to the office by Friday 21 June if you would like a family photo taken. Rata and Matai students will have their photo day at the beginning of Term 4.

## YEAR 3&4 SWIM SPORTS

Congratulations to all the Year 3 and 4 students that participated in their swim sports at Cannon's Creek pool today. Here are the results of the finals:

<b><i>Freestyle</i></b>	<b><i>1<sup>st</sup></i></b>	<b><i>2<sup>nd</sup></i></b>	<b><i>3<sup>rd</sup></i></b>
<b>Year 3:</b> Boys	Dan Zhang	Jackson Crawford	Zackary Dilks
Girls	Camille Zhou	Emma Harrison	Heidi Ducker Georgia Will
<b>Year 4:</b> Boys	Prestige Schwalger	Cody Chen	
Girls	Lucy Bunton	Zaria Phelps	
<b><i>Breast Stroke</i></b>	<b><i>1<sup>st</sup></i></b>	<b><i>2<sup>nd</sup></i></b>	<b><i>3<sup>rd</sup></i></b>
<b>Year 3:</b> Boys	Jackson Crawford	Murdoch Richardson	Storm Nation
Girls	Camille Zhou	Emma Harrison	Teagan Vos
<b>Year 4:</b> Boys	Cody Chen	Kobi Manson	Arief Singson
Girls	Lucy Bunton	Mackenzie Carnegie	Anae Mundell
<b><i>Back Stroke</i></b>	<b><i>1<sup>st</sup></i></b>	<b><i>2<sup>nd</sup></i></b>	<b><i>3<sup>rd</sup></i></b>
<b>Year 3:</b> Boys	Zackary Dilks	Dan Zhang	Reid Byres
Girls	Abby Erskine	Georgia Will	Annalise Stratford
<b>Year 4</b> Boys	Dane Hansen	Prestige Schwalger	Zach Blundell
Girls	Mackenzie Carnegie	Zaria Phelps	Maddie Carroll

## **PARUMOANA CROSS COUNTRY**

On Tuesday, 50 Year 4 - 8 students travelled to Queen Elizabeth Park in Paekakariki to compete at the Parumoana Cross Country. There was some pretty tough competition, but every Papakowhai runner gave 100% and we managed some impressive results. Well done to the following students who placed in the top 10 in their races. These students have qualified for the Wellington Regional Cross Country competition which will be held at the same venue in Week 10 of this term. Congratulation also to the Year 6 boys that ran as they were the overall winners in their grade: Blake Hansen, Liam Phelps, Hadley Fale, Josiah Green and Luke McKee.

Year 4 boys:

- Toryn Hazelhurst - 8th

Year 4 girls:

- Zaria Phelps - 3rd
- Anae Mundell - 4th

Year 5 girls:

- Charlotte Harrison - 6th
- Olivia Dilks - 7th

Year 5 boys:

- Roman Summerville-Murray - 7th
- Wyatt Perkins - 10th

Year 6 girls:

- Nadia Wellings - 7th

Year 6 boys:

- Blake Hansen - 2nd
- Liam Phelps - 9th
- Overall winners of grade

Year 8 girls:

- Jade Lin - 1st
- Emma Jenkins - 7th

## **ENVIROSCHOOL**

We are currently working towards becoming a Bronze/Manuka stage Enviroschool and this process involves reflecting on our Enviro - sustainability journey. One of the Enviroschools Guiding Principles is:

### **Sustainable Communities**

In a sustainable community we try to live in a sustainable way - looking after the planet and ourselves e.g: we think about our waste. We encourage others to join us and we are models for the people around us. We can make good

decisions that will help us to live on our planet for many generations to come.

**Plastic Free July** was a huge success in 2018 and a great way for Papakowhai School to practise being a sustainable community. It was fantastic to see so many children following through on their pledges to reduce their use of single-use plastic.

Before we launch Plastic Free July this year we would love to have feedback about any ongoing positive changes in our school community since our campaign in 2018.

Here is a link where you can share your feedback over the next week:

<https://www.surveymonkey.com/r/XCK3CCT>

Thanks from the Enviro Team!

### **NETBALL SAUSAGE SIZZLE – Thursday 27 June**

Order forms were given out on Monday for our sausage sizzle on Thursday 27th June. The form needs to be completed, ensuring that your child's name and class are clearly written, and returned to the office with the correct money by Friday 21 June. We are also looking for sponsors for our second sausage sizzle. Please contact either Anne Bunton, [anne@papakowhai.school.nz](mailto:anne@papakowhai.school.nz) or Kelly Parker [kelly@papakowhai.school.nz](mailto:kelly@papakowhai.school.nz) if you are able to provide sponsorship for this.

### **FOUND**

**A Chrysler car key was found** at school last week. If you think it might be yours, please contact the school office.

### **MOVIE NIGHT FUNDRAISER FOR AIMS GAMES**

Sunday 14 July, 7.30 pm, Pauatahanui Lighthouse Cinema  
Come along to a screening of "Yesterday" and support our Papakowhai Stars netball team as they fundraise to compete at the Aims games.

Tickets are \$20 and include a light supper. Doors open at 6.45pm.

Please get in touch with Adele O'Leary

([adele@papakowhai.school.nz](mailto:adele@papakowhai.school.nz)) or Sue Jenkins

([sue@papakowhai.school.nz](mailto:sue@papakowhai.school.nz)) to purchase tickets.

## HOLIDAY PROGRAMMES

July Holiday Programme @ Adventure School, 8 – 19  
July 2019, 8am – 5pm/5.30pm. BOOK ONLINE NOW:  
[www.asfc.co.nz](http://www.asfc.co.nz)



The quality programme offers **exciting field trips by chartered bus e.g. Visit to Laserforce, Ice Skating and more**, fun art & crafts and sports activities for primary aged children. All staff are trained and police vetted. For enquiries or more information please visit the website and choose your relevant Holiday Programme. The Programme flyer is attached there. We are approved by MSD and you may be eligible to receive a WINZ subsidy.

## BUSH SPROUTS HOLIDAY PROGRAMME

Nature School NZ Trust are running their Bush Sprouts holiday programme, 8th - 12th July, from 9-3pm each day at Battle Hill farm park. This offers child-led freeplay in nature, new friends and new skills like making fires, shelters, navigation, feeding eels, whittling and making other artistic creations. Bookings are made through their website [www.natureschoolnz.co.nz](http://www.natureschoolnz.co.nz) or email [leo@natureschoolnz.co.nz](mailto:leo@natureschoolnz.co.nz)

## SOME IMPORTANT DATES

### JUNE – Our READATHON runs all month

<b>Friday 14</b>	Papakowhai School discos:- Rata, Matai & Rimu, 5-6.30pm; Totara and Kauri 7-9 pm
<b>Thursday 20</b>	BOT meeting 7pm
<b>Friday 21</b>	Orders close for sausage sizzle
<b>Tuesday 25</b>	Rimu, Totara and Kauri photo day
<b>Thursday 27</b>	Netball sausage sizzle

### JULY

<b>Tuesday 2</b>	Wellington Regional Cross country
<b>Tuesday 2</b>	School assembly, 10 am, in hall
<b>Tuesday 2</b>	Parent/teacher interviews
<b>Thursday 4</b>	Parent/teacher interviews
<b>Friday 5</b>	Last day of Term 2
<b>Monday 22</b>	First day of Term 3