

**PAPAKOWHAI SCHOOL NEWSLETTER**  
Week 11 ● Term 3 ● 28 July 2021

Kia ora koutou

**THANK YOU! YOU ARE SO GENEROUS!**

We raised over \$19,000 in our Readathon this year thank you to the amazing generosity of the Papakowhai School community. You are awesome! Thank you for your sponsorship and encouraging your children to read.

Rata 1 were the winning class. They raised over \$1500. Matai 2 were close behind with over \$1400 raised and Matai 3 were 3<sup>rd</sup> with over \$1200.

Thank you also to Rimu 1, 2 and 3 and Totara 3 and 4 who each raised over \$1000!

The student who read the most in each class was also presented with a certificate and \$20 book token at our hui on Monday.

If you still have funds to send in, we will gratefully accept it and it will go directly to the new playground equipment and outdoor seating we have planned.

**PROPERTY UPDATE**

As you know this has been long and difficult process but I believe we are making progress! Our new classrooms will be in place for Term 4. In preparation for the new classrooms, the existing playgrounds on the bottom field will be dismantled next week. You will already see that this area is fenced off. A temporary pathway will be in place next week.

**Access to the gate by the Kindy will remain open throughout the construction process.** Our newer playground will be moved to a new location beside the astroturf by August 9<sup>th</sup>, while some of the older equipment will be replaced with alternatives.

The Bike container will be moved to the back of Totara block.

### **TRAFFIC SAFETY**

The Board are looking at ways to address traffic issues in and around Spey Place, the Whitford Brown intersection by Aotea Lagoon and Paremata Roundabout. We would like your feedback/suggestions. **The link to the survey is [here](#)** and we ask that you complete it by August 6<sup>th</sup> 2021.

No one wants to see a child injured so can I please ask you to help with the following:

- **Only park legally.** Double parking, parking on orange lines or over driveways restricts visibility.
- **Respect the P2 drop off zone and blue lines.** When everyone does this the traffic flows much better.
- **Encourage your children to walk around the Spey Place cul-de-sac and use the crossing on Tweed Road.** Children darting across the road between cars is our biggest risk.

### **GYMNASTICS**

Gymnastics started yesterday for all classes. Gymnastics is supported by qualified outside providers and is held in our hall. This will be great fun and good learning.

### **PERSEVERNACE AND RESILIENCE**

The Social skills we are focussing on are Perseverance and Resilience. Perseverance and resilience are about having grit and determination to try our best and to keep going even when it is hard.

10 POWERFUL  
CONVERSATION  
STARTERS TO  
ENGAGE WITH  
YOUR KIDS

# RESILIENCE

Discuss with your children, by asking these questions, what Resilience is and why it is important!



1. What do you consider to be a comfort zone?

2. Why might trying something new or tough outside of your "comfort zone" feel uncomfortable?

3. What does it mean to you to be resilient?

4. How do adversity, beliefs and consequences relate to resilience?

5. What three steps can you take when trying to resolve a problem and why is it important to keep on trying?

6. What can you say to yourself when you're having a tough time with a challenging skill or situation?



7. How does power posing help you be resilient in tough situations?

8. How can asking "HOW" help you deal with challenges at home or school?

9. How can a motto help you to stay resilient in tough times?

10. What are some ways you show you are resilient?



**POWERFUL  
WORDS**  
CHARACTER DEVELOPMENT

Visit [DrRobynSilverman.com](http://DrRobynSilverman.com) for more tips!

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Ngā mihi

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## MOVIE NIGHT 8 AUGUST - JUNGLE CRUISE

The Papakowhai Nga Whetū senior netball team are holding a fundraiser screening of Jungle Cruise, starring The Rock, Dwayne Johnson, and Emily Blunt. The movie is on Sunday 8th August at 5pm at the Lighthouse Cinema in Pauatahanui. Tickets are \$20 per person.

Email Natalie at [natfountain@gmail.com](mailto:natfountain@gmail.com) to organise tickets and help the team get to the Anchor AIMS games in Tauranga.

## HOME AND SCHOOL COMMITTEE

### Calendar Art Orders

You are able to view your child's artwork via the school Seesaw app and purchases can be made via [Kindo.co.nz](http://Kindo.co.nz) Orders close on Friday 13th August (end of Week 3). There are samples of the products at the office if you would like to view them before placing an order.



### School Hoodie Orders Available:

Our beautiful school hoodies are available to be ordered. Please place your orders via [Kindo.co.nz](http://Kindo.co.nz) before the 6th of August. If you're not sure what size to get, pop into the office to try the sample sizes.

**Save the date: - Wednesday 8th September** we will be hosting a free talk "How Does Stress Affect Psychological Wellbeing?"

### RIMU SWIM SPORTS RESULTS

Rimu travelled to Cannons Creek pool on Wednesday 7 July. Below are the top 3 place getters for the freestyle and backstroke. Congratulations to everyone who swam and made it such a fun event!

<b>Freestyle</b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>
<b>Yr 3 Girls</b>	Katie Bunton	Elise Siwalette	Milan Vos
<b>Yr 3 Boys</b>	Archie Robins	Niko Grant	Jack McLellan
<b>Yr 4 Girls</b>	Courtney Higham	Jamie Overdevest	Charlotte Head
<b>Yr 4 Boys</b>	Logan Wilson	Nate Hall	Theo Green
<b>Backstroke</b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>
<b>Yr 3 Girls</b>	Katie Bunton	Milan Vos	Ella Head
<b>Yr 3 Boys</b>	William Overton	Suvir Rathi	Archie Robins
<b>Yr 4 Girls</b>	Sofia Nguyen	Jamie Overdevest	Harper Black
<b>Yr 4 Boys</b>	Logan Wilson	Nate Hall	Brodie Nikolaison-Rowe

## **OSCAR SUBSIDIES FOR BEFORE/AFTER SCHOOL CARE**

If you are getting OSCAR subsidies for before and after school care, please remember that you need to get this restarted for Term 3 with WINZ; it does not automatically carry over from term to term so you will need to contact them again.

## **RSV AND WINTER ILLNESSES**

There have been reports in the news lately about the large number of children with RSV (respiratory syncytial virus) who have been hospitalised. Regional Public Health have sent out the following information to schools, kindergartens etc to share with whanau.

The symptoms of RSV are like that of a cold/flu; runny nose, coughing, sneezing, a fever and loss of appetite. If your child develops wheezing or breathlessness this requires immediate medical attention as RSV infections may progress to cause pneumonia and bronchiolitis.

Most people take about 10 days to recover and will get better with rest, paracetamol and plenty of fluids to drink.

To prevent the spread of RSV and other respiratory illnesses (including Covid-19) remember to:

- Wash and dry hands often and thoroughly
- Cough/sneeze into your elbow or use a tissue and dispose of it properly and promptly
- Stay home if you are sick
- Clean 'high touch' surfaces such as door handles, devices, phones etc regularly
- Maintain physical distancing when possible

Visit <https://www.healthnavigator.org.nz/rsv/> for further information.



## **PULSE NETBALL FUN FOR ZARIA AND JADE!**

**Zaria Phelps** won the opportunity through the ANZ Future Captains programme to meet her Pulse heroes at the Pulse vs Magic ANZ Premiership game. Zaria and her best friend **Jade Mackay** met the captains Clare Kersten (Pulse) and Samantha Winders (Magic) and led the teams onto the court.



Applications for the ANZ Future Captains programme are now open at [anzcourtside.co.nz](http://anzcourtside.co.nz)

## **KIDS AND COFFEE**

A playgroup for children under 5 to have fun and parents/caregivers to catch up over morning tea. Held at St. Barnabas church every Friday during term from 9.30-11.30am, 106 Mana Esplanade. For more information please visit their Facebook page "Kids and Coffee – St. Barnabas" or phone 04 – 233 8572.

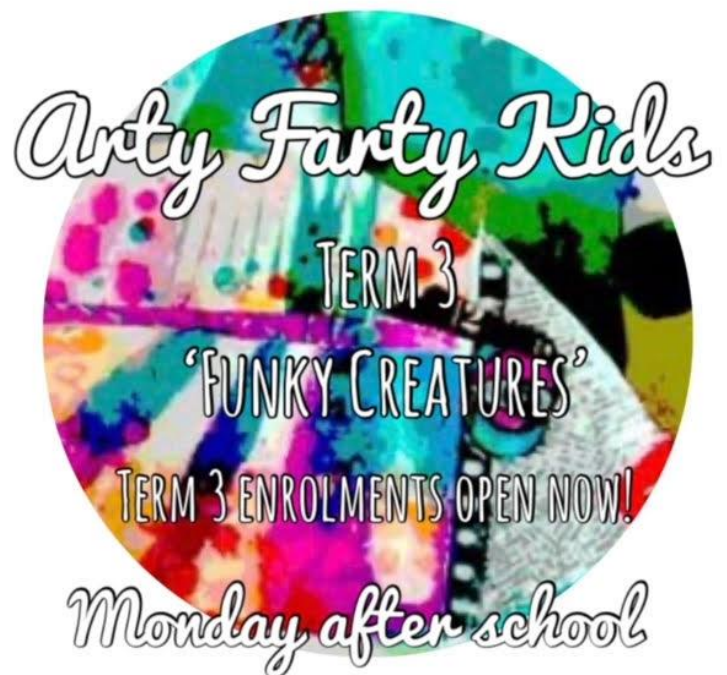
**ARTY FARTY KIDS - TERM 3 CLASSES**

Do you have an Arty Farty Kid in your family, would they like to sign up to an after school or weekend class?

Below are the classes on offer this term and get in touch if you are interested in signing your child up: email [office.artyfartykids@gmail.com](mailto:office.artyfartykids@gmail.com) or call/text on 022 174 8558



*Arty Farty Kids*  
TERM 3  
MEXICAN FOLK ART  
TERM 3 ENROLMENTS OPEN NOW!



*Arty Farty Kids*  
TERM 3  
'FUNKY CREATURES'  
TERM 3 ENROLMENTS OPEN NOW!  
*Monday after school*



*Arty Farty Kids*  
TERM 3  
LANDSCAPES  
TERM 3 ENROLMENTS OPEN NOW!  
*Wednesday after school*

## **ZUMBA FUNDRAISER FOR OXFAM AOTEAROA**

A 'Go Green' Zumba Party fundraiser is being held on Saturday 14 August at WOF Crossfit, 1 Prosser Street in Porirua, from 3.30 – 5 pm. Instructors from all over Wellington will be taking part in this epic hour and a half of Zumba dance. Come along in your best green outfit and accessories!! Tickets cost \$15 until 12 August from [www.eventbrite.co.nz](http://www.eventbrite.co.nz) or \$20 on the door. There will also be a bake sale on the day.

### **SOME IMPORTANT DATES**

#### **AUGUST**

<b>Monday 9</b>	Powhiri to welcome Chris Robinson, our new Deputy Principal
<b>Thursday 12</b>	Yr 7 Boostrix vaccinations
<b>Tuesday 17</b>	Swim trials, Cannons Creek pool
<b>Tuesday 17</b>	BOT meeting, 7pm