



Papakōwhai School

Growing Together – Igniting Potential



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www.papakowhai.school.nz

Papakōwhai School Newsletter

Week 6 | Term 4 | 24 November 2021

Kia ora koutou

HELP YOURSELF TO OLD SCHOOL BENCH SEATS

New seating that we raised funds for in the Readathon is now going in and looks very smart. We have a number of old school wooden benches that people are welcome to. You will need a truck or trailer to pick them up. As Alex, our awesome caretaker, is changing over the seats, he is unbolting them from the concrete. You will need to come after school if you want to take one or more. Just come to the office and sign in and let us know what you are up to. Weekend pickup could be arranged but you will need a gate key so this will need to be preplanned by emailing heather@papakowhai.school.nz

VACCINATION REQUIREMENTS FOR PARENTS

Parents or caregivers who are dropping off, picking up or settling their children, or who are attending meetings or events on site are **still permitted to attend on site whether they are vaccinated or not.** The requirement to be vaccinated is **only for those people who are working for the school, which may be unpaid work such as volunteering.** The table below will clarify.

Type of role	Are they required to be vaccinated under the Public Health Order?
Parents or caregivers dropping off, picking up, or settling children at a school or kura	No. The Order does not apply to people who are visiting the school.
Parents or caregivers attending meetings or events on site (e.g. for parent-teacher interviews)	No. The Order does not apply to people who are visiting the school.

Parents, caregivers or volunteers at an EOTC or LEOTC programme or excursion	Yes. These people are required to be vaccinated because they are carrying out work (unpaid) at or for a school or hostel and they may have contact with children or students or will be present at a time when children and students are also present.
Parents, caregivers and members of the community who are volunteers at a school, kura or hostel	<p>Yes. These people are required to be vaccinated because they are carrying out work (unpaid) at or for a school or hostel and they may have contact with children or students or will be present at a time when children and students are also present.</p> <p>If the volunteer is working offsite and will not have any contact with children or students as part of their role, then they are not required to be vaccinated.</p>

Ngā mihi
Mark Smith
Principal

mark@papakowhai.school.nz

NO BSC/ASC PARTY THIS YEAR

Due to restrictions around gatherings at Covid Alert Level 2 we are unable to hold a Christmas party this year. We will however be getting into the festive spirit by having exciting activities and providing yummy treats at After School Care in the lead up to the end of term.

SWIMMING TERM 1 2022 - YEARS 1 to 6

Easyswim Swim School provides swimming lessons each year in our pool for Years 1 - 6. To help support them with groupings of students, we would appreciate it if you could fill out the following questionnaire from Easyswim. Information obtained through this questionnaire will be used to place your child at the level that best suits their needs. If your child does not swim with Easyswim outside of school, knowing where your child has swimming lessons will allow them to adapt their teaching style to complement what they are learning elsewhere.

Here's the survey link <https://www.surveymonkey.com/r/8SR56N9>

THOMAS GEORGE MACARTHY TRUST

A huge thank you to the Thomas George Macarthy Trust who have again donated \$4000 to the school which enables us to keep our library stocked with books.

HOME AND SCHOOL COMMITTEE

NEXT COMMITTEE MEETING The Home and School committee are holding their next meeting on Monday 29 November, in Totara 3, from 7.15pm. Everyone is welcome to go along and hear what the committee has planned for the future.



SCHOOL HATS We have wide brimmed school hats, embroidered with the school logo, available to purchase from the school office. They are available in navy or yellow in a range of sizes and cost \$22 each.

PSYCHOLOGICAL WELLBEING AND STRESS TALK

Tomorrow night, Thursday 25th November, 7pm, in the school hall. Come along to this free event about Psychological Wellbeing and Stress, presented by Dr Kirsty Everett, Clinical Psychologist. Kirsty will cover tips and strategies for reducing stress and improving wellbeing. The talk is aimed at adults. This is a free event but please register through Kindo (kindo.co.nz) to secure your place (please register under one of your children's names). Please see the flyer at the end of this newsletter for more information.

FOOD FOR WHĀNAU

The Papakowhai School food drive “**Papakowhai Christmas Food for Whānau**” has begun! Children are encouraged to bring non-perishable donations to their classes. This can include:

- Canned goods or dry foods such as rice, cereals, pasta.
- Toiletries
- Pet food
- Toys
- Books
- Christmas decorations

All donations will be much appreciated!

Items can be brought to classes up until **Friday 3rd December** when everything collected will be donated to the Salvation Army Food Bank in Porirua. Remember, the class that has the most donations will win a prize! Thank you so much for all your support, in trying to make this Christmas a little better for some local families.

DO YOU HAVE ANY EMPTY BOXES WE COULD HAVE?

We will soon be packing up and moving into our new classrooms so we would be grateful for any strong boxes, especially ‘Hello Fresh’ type with handles, into the school office, thank you.

2022 YEAR 4 NGATI TOA NETBALL TEAMS

If your child is in Year 3 or 4 this year and would be interested in playing netball in 2022 for Papakowhai School, please send a brief email to netball@papakowhai.school.nz with your child's name and 2021 year group by Friday 4th December.

2022 HOCKEY AT ELSDON TURF FOR YEAR 7 & 8 STUDENTS

Hockey is on offer as an after school sport during Term 1 2022 for Year 7 and 8 students. Twilight Hockey is run by Wellington Hockey at Elsdon turf on Monday evenings from 5pm. The games are a fun and friendly 6 a side league, with mixed boys and girls teams. Twilight Hockey is open to anyone regardless of their hockey experience. If you would like further information and a registration form, please email Anne Bunton at pe@papakowhai.school.nz

HOLIDAY PROGRAMMES

GTMA'S CHRISTMAS HOLIDAY PROGRAMME!

This year, Good Time Music Academy is providing 3 epic days of activities to get your kids excited for the upcoming Christmas season!

Friday 17th December - Make Christmas themed videos and photos in front of an EPIC green screen!

Monday 20th December - Painted Plates & Mugs: Brighten up Christmas dinner with your own personalised plate & mug.

Tuesday 21st December - Sugar and Spice and all things nice. Christmas cookie decorating time!

The holiday programme is for ages 5 - 13 years at Goodtime Music Academy, 50 Victoria Street, Alicetown, Lower Hutt. Full day (9am - 4pm), \$70, Early start (8 - 9am) + \$10, Late finish (4 - 5pm) + \$10

Registrations are open, so visit

www.goodtimemusicacademy.co.nz/holiday-programme

CHRISTMAS HOLIDAY PROGRAMME @ ADVENTURE SCHOOL 17 - 23 Dec 2021 BOOKINGS

OPEN NOW! Trip to Awesome Bounce, Roller Skating, Carnival, Christmas Movie and more. You can view and book online: www.asfc.co.nz



SUMMER PROGRAMME @ ADVENTURE SCHOOL 17 Jan – 4 Feb 2022 Bookings will open in December. Watch this Space!!

For more information e-mail holprog@asfc.co.nz or call 027-454-697

CHRISTMAS CRAFT SESSIONS WITH ARTY FARTY KIDS

Will you have some last minute Christmassy things to do when school has finished? Book your kids into a creative craft session or two to keep them busy.

20, 21 and 22nd December Morning session - 10am - 12 noon

Afternoon session 2 - 4 pm

23 December Morning session only - 10am - 12 noon

Please contact Sara to book a place office.artyfartykids@gmail.com



SOME IMPORTANT DATES

NOVEMBER - Dental van at school all month

Thursday 25	Free Psychological Wellbeing and Stress talk, 7pm, in the school hall. Please register via Mykindo
Friday 26	Reports will be emailed to families

DECEMBER

Wednesday 1	Matai Athletics Day (pp day Thursday 2nd)
Friday 3	Parumoana Speech Competition
Monday 6	Rata Athletics Day (pp day Thursday 9th)
Tuesday 7	Kauri Eco Fair
Wednesday 8	Kauri Fun Day
Thursday 9	Aotea College orientation day for students enrolled as Year 9's, 2022
Monday 13	Rimu Athletics Day (pp day Wednesday 15th)
Monday 13	Year 8 Leavers Celebration Evening, 6.30pm, school hall
Thursday 16	Final day of school for 2021- school finishes at 1pm and there is no ASC provision today

FEBRUARY 2022

Thursday 3	First day of Term 1, 2022
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PAPAKOWHAI
HOME &
SCHOOL
COMMITTEE

WELLBEING TALK

TIPS & STRATEGIES FOR
MANAGING YOUR PSYCHOLOGICAL
WELLBEING & REDUCING STRESS

A 1-HOUR INTERACTIVE
PRESENTATION +
DISCUSSION WITH
DR KIRSTY EVERETT

7 PM
25TH NOVEMBER 2021
PAPAKOWHAI
SCHOOL HALL

STRESS IS EVERYWHERE, FROM THE SCHOOL TRAFFIC
QUEUE, TO WORK, TO HEALTH AND HOME LIFE.

HOW DOES STRESS AFFECT PSYCHOLOGICAL WELLBEING?

JOIN US FOR A 1-HOUR PRESENTATION AND DISCUSSION
ABOUT PSYCHOLOGICAL WELLBEING IN A WORLD OF
HIGH LEVELS OF STRESS. EXPLORE THE CONCEPT OF
PSYCHOLOGICAL WELLBEING AND THE NEGATIVE IMPACT
OF STRESS.

KIRSTY WILL DISCUSS SIGNS TO LOOK OUT FOR AND
WAYS TO IMPROVE YOUR PSYCHOLOGICAL HEALTH.

DR KIRSTY EVERETT IS A REGISTERED CLINICAL
PSYCHOLOGIST WITH 15 YEARS OF
EXPERIENCE WORKING IN MENTAL HEALTH.
SHE IS PART OF THE PAPAKOWHAI SCHOOL
COMMUNITY AND WORKED IN COMMUNITY
MENTAL HEALTH FOR CAPITAL AND COAST
DHB BEFORE MOVING INTO PRIVATE PRACTICE
IN 2019. KIRSTY WORKS WITH A WIDE RANGE
OF MENTAL HEALTH DIFFICULTIES IN BOTH
INDIVIDUAL AND GROUP THERAPY. KIRSTY
ALSO PROVIDES CLINICAL SUPERVISION FOR
A WIDE RANGE OF HEALTH PRACTITIONERS,
WELLBEING SERVICES, AND ORGANISATIONS.

THIS IS A
FREE EVENT
PLEASE REGISTER
VIA MYKINDO TO
SECURE YOUR
PLACE

